

Collegiate Vault Table - 2007

Gymnast will perform one vault, the score of which will count

First Flight

Hip angle	↑ .20
Legs separated	↑ .20
Arched body	↑ .20
Bent knees	↑ .30
Prescribed LA turn incomplete	↑ .30
Legs crossed	↑ .10

Repulsion Phase

Shoulder angle	↑ .20
Arched body	↑ .20
Bent arms (lead arm on ¼ on or Tsukahara vaults = ok)	↑ .50
Prescribed LA turn begun too early	↑ .30
Staggered-alternate hand placement on fwd entry vaults	↑ .10
Additional hand placements (taking steps/hops on hands)	↑ .30

Second Flight

Legs crossed	↑ .10
Legs separated	↑ .20
Bent knees	↑ .30
Prescribed LA turn begun too late	↑ .50
Insufficient exactness of LA turn	↑ .10
Insufficient degree of tuck, pike, stretch	↑ .30
Insufficient height	↑ .50
Insufficient length	↑ .30
Extension (open) of body before landing	
Failure to maintain stretched body (pike down) of stretched vaults	↑ .30
Insufficient / late extension (tuck & pike vaults)	↑ .20
Total absence of extension (tuck & pike vaults)	.30
Insufficient / late extension in double salto vaults	↑ .10
Absence of extension in double salto vaults	.20
Late completion of twist (Group 1 and 3 vaults without saltos)	↑ .30
Brush/hit of body on vault table	↑ .20

Landing

Slight hop or small adjustment of feet	↑ .10
Extra arm swings	↑ .10
Additional trunk movements to maintain balance	↑ .20
Incorrect body posture on landing	↑ .20
Extra steps (maximum of 4)	.10 ea
Very large step or jump	.20
Deep squat	↑ .30
Deviation from straight direction	↑ .30
Insufficient dynamics	↑ .30

Prescribed LA turn over or under rotated	↑ .30
1° to 30° missing	↑ .10
31° to 60° missing	.15 – .20
61° – 90° missing	.25 – .30
> 90°	Lower VP

Support on mat with 1 or 2 hands	.50
Fall on mat to knees or hips	.50
Fall against apparatus	.50
Landing in sitting, lying or standing psn on top of vault table	Void

General

- 3 approaches permitted
- Touching the board and / or the horse without going over the horse counts as one of the 3 attempts
 - Hits table but does not perform a recognizable vault, slides across table, it would count as one of the attempts
 - If gymnast passes through an inverted psn, it would be an attempt that would receive a score.

Special Apparatus Deductions

Failure to flash vault number (CJ- from average)	.20
Spotting assistance upon landing	.50
Coach standing between board & horse (except RO entry)	.50
Spotting assistance during vault	1.00
Failure to land on feet first – includes fall	1.00
Touching horse with one or no hands	1.00

Invalid Vaults

Approach and touch board or horse without vault	Void
Failure to use safety collar placed in proper direction for Roundoff entry vaults	Void