



## **GYMNASTICS: Q&A**

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### **General Information**

**Q: Who is the NCAA Rules Interpreter?**

**A: Chrystal Chollet-Norton; [rulesncaagym@embarqmail.com](mailto:rulesncaagym@embarqmail.com)**

**Q: May I submit my rules questions by voice mail or text message?**

**A: No.** Please submit rules questions by electronic mail only. Please provide your name, institution and if a judge your name and region to the email.

**Q: Where can I locate the updated 2017 & 2018 NCAA Gymnastics Rules Modifications?**

**A: <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics> .**

**Clarification: Vaulting Chart:** Vault 2.12 should read as follows: Tsukhara-1/4 to 3/4 Front Pike 1/2 turn: 10.0.

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### **Uneven Bars**

**Q: Does a bail fulfill the requirement on Uneven Bars as a LA turn?**

**A: Yes.** Refer to the USAG JO Code of Points; Uneven Bars Elements; Group 4; 4.304; Giant Swing Backward; From Handstand on HB-long swing forward (bail) with ½ turn and flight over LB to hang on LB.

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### **Floor Exercise**

**Q: My student-athlete performs a double back as her third tumbling pass and then does a back salto to a prone position to finish her floor routine would there a .2 deduction off the start value?**

**A: No.** Refer to the USAG JO Code of Points; Floor Exercise; Chapter Two; Composition Categories; II. Special Requirements; 4. c. The following flight elements without hand support are NOT considered saltos and cannot be used to fulfill this special requirement; 2. Salto –like elements that land in a sitting, prone or split position.

**Q: My student-athlete performs a double back in her first pass then later for her second pass performs a full and a half front tuck. Will she receive a deduction for choice of elements for a routine with only two tumbling passes?**

**A:** Yes. Refer to the 2017 & 2018 NCAA Women's Gymnastics Rules Modifications; Floor Exercise; 5.2; d. Choice of elements; 3.

Chrystal Chollet-Norton  
NCAA Rules Interpreter - Women's Gymnastics  
[rulesncaagym@embarqmail.com](mailto:rulesncaagym@embarqmail.com)