



GYMNASTICS: Q&A

Q: (Contact) Who is the NCAA Rules Interpreter?

A: **Crystal Chollet-Norton**; rulesncaagym@embarqmail.com

Q: (Submission) May I submit my rules questions by voice mail or text message?

A: No. Please submit rules questions by electronic mail only. Please provide your name, institution and if a judge your name and region to the email.

Q: (Submission) Where can I locate the August 1st updated 2016-17 NCAA Gymnastics Rules Modifications?

A: <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics>

Q: (Submission) Where can I locate NCAA Women's Gymnastics Interpretations Archives?

A: <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics>

Q: (Submission) Is the "up to competitive level" card shown if the student-athlete does not meet the requirement?

A: Yes. Refer to the NCAA Women's Gymnastics Rules Modifications and Meet Procedures; Appendix VI-Standards/Duties of Judges; 4. Duties and Responsibilities; 7th bullet down.

Q: (Balance Beam) Is element #1.114-"A" Front walkover with hands on springboard to rear support (sit) on the beam considered a forward skill?

A: Yes. Refer to the 2016 & 2017 NCAA Women's Gymnastics Rules Modifications and Meet Procedures; 4. Balance Beam; 4.2. Beam Specific Compositional Deductions; a.1. Also refer the USAG JO Women's Code of Points; Balance Beam elements; Group 1- mounts.

Q: (Balance Beam) Would a switch side connected to a standing back tuck full off the beam meet the dismount beam special requirement?

A: No. Refer to the 2016 & 2017 NCAA Women's Gymnastics Rules Modifications and Meet Procedures; 4. Balance Beam; 4.1. e. Minimum of C dismount, or B dismount preceded by and directly connected to any D acro element.

Q: (Balance Beam) What is the value of a switch side on beam?

A: D. Refer to the USAG JO Code of Points; Balance Beam elements; Group 2 – Leaps, Jumps and Hops; #2.405.

Q: (Floor Exercise) Will a side aerial fulfill the compositional requirement for a forward or sideward salto on floor exercise?

A: No. Refer to the USAG JO Women's Code of Points; Floor Exercise Elements; Group 5-walkovers, cartwheels, #5.104-side aerial not considered a salto.

Q: (Floor Exercise) What is the element value of a Ring jump with 1/1 turn (360) on floor exercise.

A: "C". Refer to the USAG JO Code of Points; Floor Exercise Elements; Group 1 – Leaps, Jumps and Hops; #1.310.

CLARIFICATIONS:

Q: Is it allowable for the coaching staff member to coach a student-athlete during competition (non-verbal and verbal cues) during regular and post season?

No: Refer to USAG JO Code of Points; Section 1. General Information; C. Chief Judge; 12.k.