

Level 10 Test – 2018

**GENERAL**

1. The Meet Referee's duties include –
  - a. Serve as the President of the Jury
  - b. Selects the Chief Judges and assigns Panel Judges to events
  - c. May recommend, but never force a score change
  - d. All of the above
2. What is the Start Value of a routine with – 3 A's, 2 B's, 1 C and 3 D's and all their Special Requirements?
  - a. 9.80
  - b. 9.50
  - c. 9.60
  - d. 10.0
3. Which of the following is NOT a Medium Fault?
  - a. Extra arm swing on landing
  - b. Leg separation
  - c. Large step or hop on landing
  - d. Incorrect body posture on landing
4. What is the correct range if the counting scores are 8.85 and 9.10?
  - a. 0.2
  - b. 0.5
  - c. 0.7
  - d. 1.0
5. Which situation would result in + 0.5 in Total Bonus?
  - a. +0.3 CV and 1 D
  - b. 1 D and 2 E's
  - c. 0.5 CV
  - d. 0.2 CV, 1 D and 1 E
6. Which of the following is a true statement when calculating the score for a Short routine?
  - a. All judges calculate the score based on the performed skills and each judge deducts 2.00 for a Short routine.
  - b. All judges calculate the score based on the performed skills and then the Chief Judge deducts 2.00 for a Short routine.
  - c. There is no deduction for a beam routine that is less than 30 seconds.
  - d. 1.00 is the score for a Short routine.

7. Which of the following scenarios allow a gymnast to repeat an exercise without penalty?
  - a. Music failure and the gymnast finishes without musical accompaniment.
  - b. The uneven bars are not set correctly.
  - c. Gymnast executes a vault without being signaled.
  - d. Flash from a camera.
8. Which of the following is NOT a legitimate reason for an inquiry?
  - a. Start Value
  - b. Difference in execution
  - c. Specific composition deductions
  - d. Neutral deductions
9. Which deduction is NOT a Chief Judge deduction?
  - a. Overtime
  - b. Coach Spotting
  - c. Incorrect heel/hip padding
  - d. Neutral deductions
10. Which statement is INCORRECT?
  - a. The average score determines the allowable range.
  - b. If the judges are unable to compromise, the Chief Judge may change the score.
  - c. Open scoring is required at National Championships.
  - d. Judges must provide their own Start Value flashing units.
11. When can a score be changed?
  - a. Inquiry
  - b. If a neutral deduction was inadvertently not applied
  - c. If a data entry error was made
  - d. All of the above
12. The Meet Referee is responsible for all of the following EXCEPT-
  - a. Calling a conference if an impossible Start Value is awarded.
  - b. Serves as a liaison between the coaches and the judges.
  - c. May observe and/or give opinion during conferences.
  - d. Acts as the final authority in all technical matters involving judges.

## **VAULT**

13. Which statement is CORRECT concerning vault?
  - a. Use of tape or excessive chalk is not permitted on the vault table.
  - b. The hand placement mat may only be used on the runway for round off entry or front handspring on to the board entry vaults.
  - c. The vault is VOID when the Safety Zone is not used on a round off entry vault.
  - d. All of the above.

14. What is the maximum deduction for a vault performed with the following errors:  
Incomplete turn in preflight, Under rotation of a salto in the second flight, and incorrect body position on landing?
- 0.5
  - 0.6
  - 0.7
  - 0.8
15. What is the deduction for a vault that the LA turn is incomplete 61° - 89°?
- 0.10– 0.15
  - 0.20 – 0.25
  - 0.25 – 0.30
  - 0.50
16. Which statement is INCORRECT?
- The value of a Tuck Tsukahara with a 1/1 twist is 9.80.
  - RO-FF on - Back Layout with a 1 ½ twist off is a Bonus Vault.
  - A Tsukahara Layout Full is a Bonus Vault.
  - RO-FF 1/1 on with a Back Tuck off is a Bonus Vault.
17. Which statement is CORRECT concerning the use of the hand placement mat?
- It may be used for any vault.
  - It may be placed on the vault board.
  - It may be replaced with a sting mat.
  - None of the above.
18. The gymnast runs and balks. Then she runs and does a RO entry repulsion off with a fall and receives a 6.30 score. Then she runs and does a vault over the table without touching the table. What is her score for vault?
- 5.80
  - 6.30
  - VOID
  - Gymnast may perform one more vault.
19. The gymnast vaults with NO signal from the Chief Judge. One judge sees the vault. Which statement is CORRECT?
- The gymnast receives a score from the judge who saw the vault.
  - The gymnast receives NO penalty.
  - The Chief Judge applies a 0.5 deduction to the next completed vault.
  - The gymnast receives a zero for the vault.

20. Which statement is CORRECT concerning coaching deductions during the vault?
- a. All judges take the 0.5 deduction for a spot upon the landing.
  - b. All judges take the 0.5 deduction for a spot during the vault.
  - c. The Chief Judge deducts 0.5 if the coach stands between the board and the vault table on all vaults.
  - d. The coach may not speak to the gymnast between the vaults.

### **UNEVEN BARS**

21. Which statement is CORRECT concerning a fall off the bars?
- a. The coach is NOT allowed to inquire if element received VP credit before the gymnast remounts
  - b. The fall time ends when the gymnast touches the bar.
  - c. The gymnast may take 3 “pump” swings to initiate momentum to resume the exercise without penalty.
  - d. Judging resumes when the gymnast reaches the point in her routine where she fell.
22. Which is CORRECT if a coach assists/spots gymnast during any element?
- a. Each judge deducts 0.5 for a spot.
  - b. Do NOT award VP, SR, or Bonus credit.
  - c. Deduct an additional 0.5 for a fall, if she falls after the spot.
  - d. All of the above.
23. Which is a CORRECT statement for a coach inadvertently contacting a gymnast without assisting her?
- a. The Chief Judge deducts 0.5 for Coach Inadvertently contacting a gymnast.
  - b. Award VP and SR credit.
  - c. Award Bonus credit.
  - d. All of the above.
24. Which statement is INCORRECT about dismounts from bars?
- a. All dismounts MUST be performed from designated bar description in Code of Points.
  - b. If a gymnast never initiates a salto action and falls, deduct 0.5 SR and 0.3 No dismount from the Start Value.
  - c. If a gymnast initiates salto action and falls without landing on the bottom of her feet first – do NOT award VP, deduct 0.5 SR and 0.5 for the fall.
  - d. A Backward Hip Circle – Hecht with salto backward tucked is an unallowable dismount.

25. Which statement is CORRECT concerning the awarding of elements?
- Elements with the same number that finish in a different grip are considered different.
  - Elements with the same number that are completed with legs together or separated are considered different.
  - Award two A elements for cast to squat/stoop/straddle on LB followed by a sole circle FWD/BWD to stand on LB.
  - If a gymnast attempts a release move and does not touch the bar, she still receives VP credit.
26. Which statement is INCORRECT concerning angle of completion of the body on casts?
- Shoulder angle – line from shoulders thru midpoint of lowest body part.
  - No shoulder angle – Line from hands thru midpoint of lowest body part.
  - Hips are extended – legs are not together at the peak of the cast, deduct for leg separation.
  - Cast to HS -  $11^\circ$  to  $21^\circ$  from vertical – award B value part and deduct 0.1.
27. Which combination of elements would receive the largest deduction in the Choice of Release category?
- Schaposchnikova – Pak
  - Giant Hop 1/1 – Giant Hop 1/1
  - Bail from HS on HB  $\frac{1}{2}$  turn to HS on LB – Clear Hip to HS – Toe Shoot to HB
  - Geinger – Bail  $\frac{1}{2}$  to hang on LB
28. Which dismount combination would receive a 0.1 deduction?
- Giant full – Pike Double Back Salto
  - Clear hip circle to HS – Layout Double Back Salto
  - Stalder circle to HS – Tuck Double Back Salto
  - Sole circle to HS – Layout/Pike Double Back Salto
29. Which execution deduction is INCORRECT?
- Landing too close to the bar on dismount 0.1
  - Incomplete twist on twisting salto dismounts ^0.3
  - Insufficient amplitude on release moves ^0.2
  - Touch/Brush on apparatus with foot/feet ^0.1
30. What is the total Bonus for the following combination? Bail from HS on HB with  $\frac{1}{2}$  turn to HS on LB – Clear Hip to HS – Toe Shoot to HB
- 0.1
  - 0.2
  - 0.3
  - 0.4

## BEAM

31. Which statement is INCORRECT concerning mounting and the mats?
- A gymnast may NOT stand on an additional – Up to 8” skill cushion placed on competition landing mats. (Without a board)
  - A Board/Mount Trainer/Folder Panel Mat may be used to mount the beam.
  - No plywood is permitted underneath the board.
  - The Chief Judge is responsible for a 0.3 deduction from the average score if the springboard is placed on an unauthorized surface.
32. Which statement is INCORRECT concerning a Short Exercise? (< 30 seconds)
- Deduct for any missing VP and SR.
  - Deduct 0.3 from SV for no dismount, if applicable.
  - All Short Exercises receive a score of 1.00.
  - A 2.00 deduction is taken by the Chief Judge from the average score.
33. Which statement is CORRECT when a coach assists/spots on the landing of the dismount?
- The Chief Judge deducts 0.5 off the average score for the fall.
  - Deduct an additional 0.5 if a fall occurs. (Each judge)
  - Do not award VP or SR.
  - Bonus is awarded if applicable.
34. Elements are considered different when:
- Mount elements performed as elements within the exercise.
  - Saltos performed with different body positions.
  - Take off for leap/jump/hop from one/both legs.
  - All of the above.
35. What is the deduction for a turn missing 90°? (Heel Drop)
- No deduction – award VP attempted
  - 0.05 – 0.1 deduction – award VP attempted
  - 0.15 – 0.2 deduction – award VP attempted
  - No deduction – award lower VP
36. Which statement is INCORRECT for the Jump, press, or swing to HS mount?
- Body must be vertical, hips over shoulder in balanced position.
  - Any leg position is allowed. (Together, split, straddled/stag)
  - A two second hold is required.
  - If a fall occurs after vertical is achieved, VP is awarded.

37. Which statement is CORRECT concerning the Split Leap Forward with Leg Change? (Switch-Leg Leap - #2.305)
- If the first leg does NOT reach 45°, award B value part.
  - If the first leg does NOT reach 45°, award C value part. Deduct ^0.1 for insufficient height of leg swing.
  - Deduct ^0.3 for insufficient split after leg change – if applicable.
  - If the first leg is staged, award a C value part and deduct 0.2 for bent leg.
38. What would be the deduction in Choice of Acro Elements if a gymnast performs – One arm Front Handspring, BHS + BHS series, Split Jump + Back Tuck Salto
- 0.05
  - 0.10
  - 0.15
  - 0.20
39. What would be the deduction in Choice of Dane Elements if a gymnast performs – Switch Split Leap + Switch Split Leap, Full and ½ turn in tuck stand on 1 leg
- 0.00
  - 0.05
  - 0.10
  - 0.20
40. Which statement is CORRECT if the gymnast performs a Free (aerial) Walkover Forward with a one and ½ (540°) off the side or end of the beam?
- There would be NO deduction for Choice of Dismount Not Up to Competitive Level.
  - If this is the gymnast's only Forward/Sideward element there would be a 0.05 deduction in Lack of Variety in Choice of Acro Elements.
  - If 90° of the twist is missing, award VP and deduct 0.30.
  - Placement of the back foot upon landing = amount of twist completed.

### **Floor Exercise**

41. Which statement is CORRECT with regards to the musical accompaniment?
- Music must be recorded with orchestra, piano, or other instruments.
  - A deduction of 1.00 is taken by the Chief Judge for music with whistles/animal sounds.
  - If the music stops during the gymnast's routine and she continues without music, she may NOT repeat the exercise.
  - Missing synchronization of movement with musical beat throughout the exercise is ^0.50.

42. If a teammate touches/pushes a gymnast to stop her momentum while they are running/falling out of bounds – which statement is CORRECT?
- The Chief Judge deducts 0.5 for assisting the gymnast.
  - If the gymnast falls after assistance, do NOT deduct for both assistance and fall.
  - Bonus may still be awarded, if applicable.
  - The Chief Judge deducts 0.1 for each step the gymnast takes out of bounds.
43. Which leap is a D value part?
- Tour Jete  $\frac{1}{2}$
  - Switch Leg Leap with a full turn
  - Straddle Pike Jump with a full turn
  - Switch Ring Leap
44. Which statement is INCORRECT regarding the SR of a Dance Passage?
- A minimum of 2 different Group 1 Elements with one leap requiring a 180° cross/side leap.
  - Acro elements in the middle of the Dance Passage are OK.
  - The Dance Passage may be directly or indirectly connected.
  - Indirect connections allow for running steps/small leaps/hops/chasses/assemble/turns on 1 or 2 feet between dance elements.
45. Concentration Pauses of 2 seconds or more prior to difficult elements or acrobatic series will result in a deduction of –
- 0.00
  - 0.05
  - 0.10
  - 0.20
46. Which statement is CORRECT about the following series –  
Round Off-Whip Salto-Straddle Jump- Back Handspring- Double Back Tuck Salto
- Indirect connection of A and D salto is +0.1 CV.
  - This pass will fulfill the SR requirement of a 2 salto pass.
  - This pass will receive +0.1 CV for a D salto and an A jump.
  - This pass will NOT fulfill the SR of a 2 salto pass and receives No CV.
47. Which 2 dance elements would NOT receive +0.1 CV?
- Double turn + Straddle Jump with 1/1 turn
  - Wolf Jump 1/1 turn (Land on one foot) + Double turn
  - Switch Leg Ring Leap + Tour Jete Ring Leap
  - Double Turn + Wolf Hop 1/1



48. To receive NO deduction for Choice of Floor Acro Elements Not Up to the Competitive Level a routine –
- May have D/E salto in all 3 passes.
  - May have a C+B in one pass with D/E in other 2 passes.
  - May have E saltos in only 2 passes.
  - All of the above
49. Which statement is CORRECT with regards to the Choice of Floor Dance Elements Not Up to the Competitive Level?
- A minimum of three C elements will receive no deduction.
  - One C and 2 B dance skills will receive a 0.2 deduction.
  - One D can replace 2 C's on the chart.
  - A full turn can count as a dance element on the Choice of Dance Element Chart.
50. Which acro series would receive a 0.1 deduction in the Value of Salto performed as Last acro series?
- RO-FF-FF-Double Back Salto Tucked
  - Front Handspring-Front Salto Layout with full and one half twist
  - Front salto-RO-FF-FF-Back salto stretched with a 2/1 twist
  - RO-Whip salto-Back salto stretched with a full and one half twist

1. D
2. A
3. A
4. C
5. D
6. B
7. A
8. B
9. B
10. B
11. D
12. A
13. D
14. B
15. C
16. D
17. D
18. B
19. C
20. A
21. A
22. D
23. B
24. D
25. C
26. D
27. C
28. C
29. B
30. C
31. A
32. C
33. B
34. D
35. D
36. C
37. B
38. D
39. A
40. B
41. A
42. B
43. B
44. B
45. C
46. D
47. A
48. D
49. A
50. C