



## **GYMNASTICS: Q&A**

---

### **General Information**

**Q: Who is the NCAA Rules Interpreter?**

**A: Chrystal Chollet-Norton; [rulesncaagym@embarqmail.com](mailto:rulesncaagym@embarqmail.com).**

**Q: May I submit my rules questions by voice mail or text message?**

**A: No.** Please submit rules questions by electronic mail only. Please provide your name, institution and if a judge your name and region to the email.

**Q: Where can I locate the updated 2017 & 2018 NCAA Gymnastics Rules Modifications?**

**A: <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics> .**

**Q: Where can I locate the NCAA Women's Gymnastics Archives?**

**A: <http://www.ncaa.org/championships/national-collegiate-womens-gymnastics> .**

**Clarification: Floor Exercise: A student-athlete lands her tumbling pass and continues to stumble out of bounds taking over 3 steps. What is the total deductions allowed on the steps?** Total max deductions would 0.40. A 0.10 out of bounds deduction would also be taken by the Chief Judge off the student-athletes average score. Refer to March 1st newsletter for reference in USAG JO Code of Points.

**Clarification: Video Review slow-motion.** Refer to 7. Video Review Process in the 2017 & 2018 NCAA Women's Gymnastics Rules Modifications; h. The coaches may not be present during the review and i. reviews must be conducted in the presence of the meet referee and the event panel ONLY. The judges and meet referee can use slow motion or regular motion to best determine the results of the video review.

---

### **Floor Exercise**

**Q: Would the following floor routine receive an "up to the level" deduction? Pass 1: Round off back handspring double back in tuck position. Pass 2: Punch front layout-front layout ½ straddle jump. Pass 3: Round off back handspring double back in pike position. Leap series of switch side-popa-wolf full.**

A: No. Refer to the 2017 & 2018 NCAA Women's Gymnastics Rules Modifications; 5. Floor Exercise; 5.2. d.

**Q: What is the value of a Switch side leap with  $\frac{1}{2}$  turn on floor exercise?**

A: C. Refer to the USAG JO Code of Points; Floor Exercise Elements; Group 1-Leaps, Jumps, and Hops; #1.305- Switch side leap with  $\frac{1}{2}$  (180) or  $\frac{3}{4}$  (270) turn to stand. Revised July 2017.

**Q: On floor exercise is level of difficulty not maintained throughout the exercise a deduction?**

A: Yes. Refer to the 2017 & 2018 NCAA Women's Gymnastics Rules Modification; 5. Floor Exercise; 5.2. b. Insufficient distribution of the elements; flat .05. Consider: 1. Level of difficulty not maintained throughout the exercise.

Chrystal Chollet-Norton  
NCAA Rules Interpreter - Women's Gymnastics  
[rulesncaagym@embarqmail.com](mailto:rulesncaagym@embarqmail.com)