

2009 NCAA WOMEN'S GYMNASTICS RULES MODIFICATIONS

QUESTIONS AND CLARIFICATIONS

As of January 15, 2009

Page 3 – Uneven Bars

QUESTION: If an uneven bar routine contains front giant, front giant, Yeager and has a D dismount, then no deduction for Element Choice would be taken-according to rules?

Clarification: Correct, only need one pirouette or release in the combinations.

-or-

QUESTION: If uneven bar routine has D+D within the routine but the dismount is a Giant Full + Double Back FALL, then a judge can give Element Choice IF NO BONUS AWARDED?

Clarification: Yes, as long as the value part is awarded.

Additive Value #12. Connection Value will be awarded only for good technical presentation resulting in each element performed **with less than 0.30 in deductions.**

Under B Difficulty Value

Difficulty Value may be awarded for successfully performed D and E elements, that is, **elements performed with less than 0.3 in deductions.**

THERE IS NO BONUS (D or connective bonus) with more than .25 in deductions. Therefore .30 deduction would not receive bonus but .25 deduction would receive bonus.

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QUESTION: Rule states that when applying THIS compositional deduction, consider not only the value part of the release element but also.....What is considered if you have C+C+D in the routine and have a D dismount? Does it meet the requirement? Does this imply that a judge could not give element choice based on these “considerations”?

Clarification: The way this rule is currently written “choice/up to the level” IS DEFINED by the basic standards listed, however a judge may further consider the routine as a whole and take the flat .10 deduction. If one of the requirements is met, then the deduction is not taken.

Page 5 – Balance Beam

QUESTION: Choice of acro elements not up to the competitive level. *If a flight series without connective bonus is performed, then an additional D acro skill is required (includes mount/dismount).

Example: If gymnast performs back handspring-layout stepout as flight series...the requirement is not met since the series does not have a CV. Gymnast will need an additional D outside of the flight series.

QUESTION: What does additional D mean? That gymnast must have 1 additional D BESIDES flight series or one additional D anywhere in routine?

Clarification: Gymnast must have a D acro in addition to a flight series w/o connective bonus. (There are only 2 choices here: a flight series with connective bonus, OR a flight series without connective bonus along with a separate “D” acro.)

*Any balance beam dismount of C value is up to the level of competition and WILL NOT receive a deduction in this category. “B” dismount following a “C” element fulfills special requirement but NOT choice/up to level.

Example: Back handspring-layout stepout – back full dismount (B-D-B dismount) would fulfill special requirement but NOT choice/up to level.

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Clarification 5.4: Back Salto stretched with step-out and gainer back salto stretched with step-out will still be considered as “D” value when awarding connection value for mixed series (dance + acro flight or reverse), *and for acro series consisting of Lay-out in combination with anything other than back handsprings.*

Adding another example under NCAA Example:

Round-off/Front Handspring + Lay-out = B+D & gets Connection Value of .20

Page 7 – Floor Exercise

Choice of acro elements:

*One tumbling PASS with a D salto or better (could occur in any tumbling pass)

AND

*An acro dismount with a C in bonus combination or a minimum of a D skill

If gymnast performs following:

1. Front tuck to RO-BHS-Double Full
2. Front handspring Front Full
3. Running Front 1-1/2 twist (rudy)

QUESTION: The last skill performed is a “D” element which meets Special Requirement BUT does it meet Acro Choice?????

Clarification: No, there is no tumbling pass (series) with a D in this performance.

QUESTION: Is an *Isolated* “D” skill considered a TUMBLING PASS?

Clarification: No, consider tumbling PASS same as tumbling SERIES; that was the intent.

QUESTION: If a gymnast performs a B+B dismount (last pass) layout + layout and FALLS and DOES NOT RECEIVE BONUS...does she receive the Special Requirement if she does not receive bonus?????

Clarification: Special Requirement is met as long as it receives Value Part credit. (A bonus combination

was performed, just not well enough to be awarded the bonus. However if salto doesn't land feet first or is performed for the 3rd time and receives 0 Value Part Credit then it receives nothing – no Special Requirement, no Up to the Level, no bonus).

Other Questions:

Beam Question

Gymnast performs a skill that begins as a front aerial but lands on two feet to an immediate back handspring. Does this count as flight series? **Yes, if connected.**

If yes above, then does it also count as her front skill? **Yes.**

Does she have to have another D front skill? **A D front skill is not a requirement.**

Does she need to have another D at all? **No, because this is a flight series with connective bonus (if connected).**

Routine:

Front aerial landing in tuck position to immediate back handspring

Straddle jump + back tuck

Beat jump + double stag/ring jump

Switch leg leap + straddle jump

Full turn

Front full dismount

What if any deductions or choice or composition should be applied?

- Meets all Special Requirements
- No compositional deduction for variety in choice of elements.
- Could take flat .05 for Insufficient Distribution if judge feels that the level of difficulty was not maintained (downhill routine: no D's in last half/everything in combination except last 2 skills so end is easier...).
- Meets Choice/Up to the Level standards – no deduction. (There is no opportunity on beam to consider the routine as a whole...)

Floor

A gymnast had the following floor tumbling three passes:

1. *Roundoff, whip 1/2, front 1 1/2*
2. *Roundoff, whip, double full*
3. *Roundoff, whip 1/2, front full*

Clarification: Since the whip 1/2 and whip are different #, would the overuse of fwd/swd/ or bkwd salto of up to .1 apply? There is no NCAA compositional deduction for overuse of fwd/swd/ or bkwd salto, that is a JO deduction. (No compositional deductions are applicable unless listed in our document, as per 1.1 on Page 1.)