

BE A “PRO”FESSIONAL NOT A “CON”CERN

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August, 20

NAWGJ CANON 1

A judge should assist in maintaining the integrity and competence of the profession of judging women’s gymnastics event.

PROFESSIONALS

- ☺ Are knowledgeable.
- ☺ Apply knowledge accurately.
- ☺ Are neat and appropriate in appearance.
- ☺ Have a positive demeanor.
- ☺ Are prepared.
- ☺ Have goals.
- ☺ Give judges a good name.

CONCERNS

- ☹ Do not keep current.
- ☹ Are unaware of Rules and Policies.
- ☹ Are messy or inappropriate in appearance.
- ☹ Have a negative demeanor.
- ☹ Are late and unprepared for meets.
- ☹ Have goals that are self-centered.
- ☹ Are uncooperative.
- ☹ Gives judges a bad name.

KNOWLEDGE

PROS

- ☺ Review before each season and each meet.
- ☺ Visit websites.
- ☺ Go to clinics.
- ☺ Get into gyms.
- ☺ Share their knowledge appropriately.

CONS

- ☹ Rely on memory from year to year.
- ☹ Rely on others for updates.
- ☹ Still think a straddle cut is a major release.
- ☹ Cannot answer an inquiry because they can’t read their shorthand.
- ☹ Know a rule but will not tell someone else.

APPEARANCE

PROS

- ☺ Own a proper-fitting uniform
- ☺ Are wrinkle-free
- ☺ If wearing a skirt, also wear nylons.
- ☺ Are well groomed.
- ☺ Wear modest blouses/shirts.

CONS

- ☹ Wear “close but no cigar” uniform.
- ☹ Wear things too tight, loose, or short.
- ☹ Wear tennis shoes or high spikes.
- ☹ Wear tops that are revealing or wrinkled.
- ☹ Are unkempt.

DEMEANOR

PROS

- ☺ Smile and are pleasant to everyone!
- ☺ Look attentive and interested in every routine.
- ☺ Are considerate of all meet personnel.
- ☺ Are tactful.
- ☺ Discuss problems with the right people.
- ☺ Are approachable.

CONS

- ☹ Gossip and spread rumors.
- ☹ Are demanding.
- ☹ Whine and complain.
- ☹ Talk negatively about judges, coaches, gymnasts, and clubs.
- ☹ Fraternize.

COOPERATION

PROS

- ☺ Understand that the meet director runs the meet.
- ☺ Give and take in conferences.
- ☺ Will look at problems from other points of view.
- ☺ Will judge any event with any other judge.

CONS

- ☹ Will only judge certain events with certain people.
- ☹ Feel compulsories (vault, park district meets, etc.) are beneath them.
- ☹ Will never change a score or will change any score.
- ☹ Tell meet directors how the meet should run.

GOALS

PROS

- ☺ Remember that the gymnast is the reason we judge.
- ☺ Remember that each judgment affects every gymnast in the meet.
- ☺ Work for the betterment of the sport.

CONS

- ☹ Will look for ways to make more money,
- ☹ Will make decisions that may benefit one gymnast while hurting others.
- ☹ Solicit meets.

PERCEPTIONS

PROS

- ☺ Give an independent score.
- ☺ Look alert and interested in every routine.
- ☺ Smile and greet everyone (or no one).

CONS

- ☹ Talk during a routine or before the score is turned in.
- ☹ Look tired or disinterested.
- ☹ Have heads down.
- ☹ Talk to people on the floor or in the stands.

REMEMBER.....

- ❖ You represent EVERY judge.
- ❖ You are paid to come in to judge every routine fairly and accurately, and leave.
- ❖ Comments are about other people's children. Be thoughtful. Be kind.